

# E-Books herunterladen Awakening Your Crystals: Activate the Higher Potential of Healing Stones

By Sharon McAllister

## Awakening Your Crystals



Activate the Higher Potential  
of Healing Stones

SHARON L. McALLISTER

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A full-color guide to programming crystals and harnessing their full potential ? Explains how to program crystals and gemstones with specific healing intentions as well as how to cleanse and charge your crystals and prepare your own energy field ? Provides detailed instructions for working with 8 key crystals, as well as healing and programming guidance for more than 60 well-known and important crystals ? Includes vibrant photographs to convey each crystal?s individual powers In this vibrantly illustrated crystal guide, experienced holistic therapist and crystal-healing teacher Sharon McAllister offers an introduction to programming crystals and gemstones to harness their full potential. She explains how crystal programming combines the powerful instrument of intention setting with the healing energies of stones. She details how to cleanse and charge your crystals and prepare your own energy field before programming and provides a collection of intention-setting statements and



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